



FURTHER RISE ACCREDITATION

ABOUT PHOENIX EDUCATION



There are thousands of children living in crisis; whether it's violence, attainment, mental health, poverty or addictions, we have failed a generation and they will in turn fail our society unless we create significant, sustainable interventions, today. Phoenix Education Consultancy operates to improve the lives of all children by supporting parents, teachers and policy makers in the delivery of their academic education, social development and mental maturity. We utilise decades of experience, latest technologies and industry insights to provide thought leadership, best practice and practical training to all those that influence a child's education. Phoenix Education Consultancy is led by alternative education expert, Sarah Dove. With over 18 years of experience working with vulnerable and challenging children in a variety of settings, Sarah has created Phoenix Education Consultancy to ensure all children are able to embrace education rather than simply be in receipt of a core curriculum. As a result of her experience and expertise within Pupil Referral Units, Alternative Provisions and the mental health and well-being of children and young people, Sarah is currently president of PRUsAP, Head of Behaviour and Inclusion for Redbridge Local Authority, Project Manager for DfE innovation fund for assessing efficacy of telepresence robots for young people with medical needs, Member of management board for youth offending service for Redbridge and Governor for Mersham Primary School. She is a well respected keynote speaker and contributor to industry policy, documentation and press.

Why RISE?



The deterioration of student mental health has impacted everything from the standard of student learning through to their ability to complete their university course. More importantly, it is stealing the lives of young people - both literally and in the limitations it places on people's ability to live full, happy and prosperous lives.

The University Mental Health Charter which was launched by the student mental health charity, Student Minds, was designed by thousands of staff and students and backed by University Minister, Sam Gyimah (MP). It's purpose is to promote the mental health and well being of all members of the university community by promoting staff well being, healthy living environments and cohesive and inclusive strategies across university environments.

The Further Education RISE accreditation is designed to measure the mental health of a university campus and guide, train and support students and staff to implement the principles of the charter to make the ambitions a reality rather than a concept.

OBSERVE & UNDERSTAND

The initial component of the RISE accreditation programme is an audit of the mental wellbeing of your university campus. That involves understanding your students, your staff, your culture and the ways in which your students live, learn and socialise. We will need to review your processes, procedures and policies to comprehend the impact they have on your culture, university mental health and perception of mental health on your campus.

LISTEN TO LEARN

We have found that in the majority of institutions, education based and otherwise, it is often the people that have the experiences we can learn the most from that struggle to find their voice. At Phoenix Education, we make a commitment to hearing every story, giving every young person a voice and learning what we can in order to ensure every student is supported in a way that allows them to reach their full potential and remain mentally well. Although we manage these conversations initially, in the longer term we ensure you are trained and equipped to facilitate these conversations in the future.

STRATEGICALLY PLAN

Once we have a thorough understanding of your current strengths, challenges and approach to supporting the mental well being of your students, we begin to detail what measures we can put in place or improve upon in order to improve the culture of your university campaigns and the well being of the students and staff that populate it. We develop a plan that suits your ability in terms of budget, time and knowledge so that it can be well executed and maintained whilst being effective and efficient for you, your students and your staff. Our plan will ensure you are able to reach the RISE accredited standard and create a proactive, supportive and encouraging environment to teach, learn and live in.



THE PROCESS

SHARE WITH STAKEHOLDERS

Initially, we share our plans with key stakeholders and work through any questions, concerns or training needs. In alignment with The University Mental Health Charter, your stakeholders will include a representative cross section of students and staff who will be given clear guidelines for participation and relevant sign posting for further support and understanding. Our team can help you apply for, or secure additional funds and create internal and external communication strategies so that you can share your programme with maximum effect.

EMBED INTO ORGANISATION

As part of the RISE programme, we help you implement changes, introduce new initiatives and engage student, staff, parents and the wider community. We ensure you create a culture that meets the RISE accreditation standards and supports attainment, achievement and fulfilment in your campus, your alumni and beyond.



CELEBRATE NEW STANDARD

After working with you to achieve your accredited RISE status we can willingly and happily help you maximise the benefits of this. Whether it is utilising internal marketing, student recruitment, college relationships or local PR, our team of experts can help you share your story effectively and celebrate the new standard you have achieved.

THE PROCESS

The RISE framework is designed to carefully measure the mental wellbeing of your university campus and highlight key areas for training, development or improvement. We analyse your culture, the perception of mental wellbeing throughout your campus and the provisions and interventions you have in place that proactively supports and reactively responds to vulnerable students and any mental difficulties they face during their time at university.

KNOWLEDGE

The level of knowledge and understand of both mental health, well being and illness amongst your staff and students alike.

INSIGHT

The ability to understand, contextualise and empathise with the realities of mental health from changing moods through to severe stress and mental illness and how this understanding is shared across your campus and between your staff and students.

INTENT

The communal perception of mental health, the relationship that exists between your students and their mental well being and the active opportunities that exist for the promotion and maintenance of positive mental health.

EXPRESSION

Analysing your communication and the consideration of mental wellbeing throughout all of your universities policies, procedures and activities.

APPLICATION

The realities of applied supports, interventions and strategies for the promotion of mental wellness and prevention of mental illness.



THE FRAMEWORK

DEVELOPMENT

Recognising that our relationship with mental health, as individuals or as institutions, is not stationary and must go through a continual process of evolution and iteration in order to remain relevant.

MEASUREMENT

Implementing processes that allow you to effectively measure the mental well being of students and staff so that interventions can be implemented proactively and the rates of clinical diagnosis and crisis are significantly reduced.

OPPORTUNITY

Analysing the measure of equality and inclusion across your campus whilst implementing processes and procedures that encourage and ensure all students have equal opportunities to engage in university life.

COMMUNICATION

Understanding the language of mental health throughout your university campus and the ways in which the conversation around mental well being is embedded in your culture whilst analysing the ways in which your institution facilitates conversations about mental health and mental health care, internally, externally and within your marketing materials.



THE FRAMEWORK

Universities that commit to meeting the standards set within the RISE accreditation can:

- Reduce the rates of anxiety, depression and mental illness
- Improve life experiences and well being for all students but particularly first years
- Reduce numbers of students needing counselling and/or medication and thus supporting the NHS and society as a whole
- Reduce the rates of student suicide
- Reduce rates of student dropouts
- Increase engagement from both students and staff
- Improve outcomes, grades and future opportunities for students
- Improve relations between students, parents and university staff
- Improve rates and standards of talent and student attraction and recruitment
- Improve community relationships
- Develop relationships with graduate and undergraduate employers



THE OUTCOMES



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